



A LITTLE BIRDIE

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CONGRATULATIONS SHELLY!

Our 2007-2008 EWGA Denver-Chapter President, Shelly Jordan, is a finalist for Overall Leadership in EWGA's 2008 Women Who Lead Awards. For those of you who don't know, our Chapter experienced a lot of growth last year in large part because of Ms. Jordan and her hard work. Thank you Shelly and good luck! The winners of EWGA's 2008 leadership awards will be announced in December.

UPCOMING SOCIAL EVENTS

Our new social chairperson, Peggy Green, has been busy planning fun events for you.

Saturday, December 13th Georgetown Christmas Shopping and Tea

Join us for a fun-filled day of holiday shopping (9:30 a.m. – 2:00 p.m.) in historic Georgetown and then take a break for tea at noon. We will meet at the Morrison Road Park and Ride and go to Georgetown as a group. Space is limited so e-mail Ms. Green at peggy@wholebodyfitnesscolorado.com or call her at 303-345-1501 if you want to participate. Please reserve your spot by December 11th.

January 13th Seminar on Improving Your Health in the New Year (Part I of III) - Three Simple Steps to Losing Holiday Pounds and Becoming the Leaner, Happier You

The first part of this three-part seminar will take place on Tuesday, January 13th from 6:00 p.m. - 7:30 p.m. in a board room at the Bank of the West downtown. The cost for each seminar will be \$25 (Members can save \$15 on all three seminars by pre-registering no later than January 11th). Food and drinks will be provided. To register for this event, go to <http://wholebodyfitnesscolorado.com/events.html>.



January 29th Happy Hour

We've chosen a date but not a location for a post-holiday, "adult beverage" get-together. Look for additional information in our upcoming Newsletters.

Now that we have a new social chairperson, please make sure that you are receiving her e-mails. When Ms. Green sends e-mails, you should receive an "invitation" to receive information about the EWGA-Denver Chapter social events from Peggy Green, Whole Body Fitness (Aweber Support). Please "opt in" to keep informed. All communications will be restricted to EWGA-Denver Chapter social events.

LOOKING FOR HOLIDAY GIFT IDEAS?

HOW ABOUT AN EWGA DENVER-CHAPTER MEMBERSHIP?! You can buy memberships for your friends and family members and avoid all the hassles of trying to find a parking spot at the mall. Contact our new membership chairperson, Melanie Lunsford at melanie@metroframeworks.com to purchase memberships.

EWGA GOLF EDUCATION MEMBER SURVEY

We are still looking for a golf education chairperson. We need your help so please contact Dorothy Shadrick at DorothyShadrick@acemgmt.com if you are interested in becoming our 2008/2009 golf education chairperson.

In order for us to offer the types of educational programs that you would like to attend, we are asking for your feedback. Please indicate which workshops you would participate in if they were offered. Check all workshops that you would like to see offered and return the survey to our communications chairperson, Susan Stamm, at sstamm@hkjp.com.

- How to Play Business Golf
- On-course Instruction
- How to Make and Keep Golf Fun!
- Dealing with 1st Tee Jitters
- Golf Etiquette and Rules (On-course Instruction)
- Preparing to Play Tournament Golf/Playing Under Pressure
- Winter Travel and Play Golf Instruction Trip
- Proper Nutrition on the Golf Course
- Bring Your Daughter to a Golf Clinic
- Introduction to Competitive Golf

Please list any other ideas you would like EWGA to consider:

What are the best days and times for you? Check all that apply.

- weekdays weekends

_____ mornings _____ mid-day
_____ after 5 p.m.

NEW MEMBERS SPOTLIGHT

We have a new member (transferring from the EWGA-Oklahoma City Chapter) we would like to welcome to our Chapter.

Sarah Franzese

Sarah Franzese has been a part of EWGA since April of 2002. Originally from Omaha, Nebraska, Ms. Franzese served as the events chairperson and vice president of the EWGA-Omaha Chapter. After she transferred to the EWGA-Oklahoma City Chapter in October of 2005, Ms. Franzese served on the board as the handicap chairperson and secretary.

Ms. Franzese considers herself to be an intermediate golfer and is looking forward to playing more golf with our Chapter. Ms. Franzese has worked in the golf industry for several years (as a sales and marketing director) and has now taken a position as sales manager for the Towne Place Suites by Marriott in Colorado Springs. Welcome to our Chapter!

